Why dining chairs **FAIL** seniors, caregivers, and persons with reduced mobility...



Simply stated...

Chairs fail seniors because

chairs are not designed to MOVE

Chairs fail care staff because

• chairs do not reduce the physical demands of care staff providing mealtime assistance

Today's Caregiving Reality...

- A How does a person get seated at the table?
- B How much physical effort can care staff SAFELY exert?
- (C) How mobility chairs...eliminate table interference



HOW DOES A PERSON GET SEATED AT THE TABLE...





POSITIONS CHAIR

GETS SEATED

LIFTS CHAIR **SLIGHTLY**

SCOOTS **FORWARD**



AN ABLE-BODIED PERSON...

...REQUIRES NO ASSISTANCE



CARE STAFF

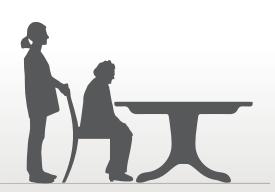
POSITIONS

CHAIR

CARE STAFF

ASSISTS IN GETTING SEATED CARE STAFF

PUSHES - SHOVES - TWISTS TO MOVE SEATED PERSON FORWARD



A MOBILITY-CHALLENGED PERSON...

...REQUIRES CARE STAFF ASSISTANCE TO GET SEATED AT THE TABLE

В

HOW MUCH PHYSICAL EFFORT CAN CARE STAFF SAFELY EXERT?

(LIFTING - PUSHING - PULLING)



A person can safely <u>LIFT 35 lbs.</u> under normal conditions (no sudden moves or twisting)

A person can safety <u>PUSH up to 20%</u> of their body weight and <u>PULL up to 30%</u> of their body weight.

* Silverstone Group

	LIFT	PUSH	PULL
	†	-	←
2 140 lbs. CARE STAFF	35 lbs.	28 lbs.	42 lbs.
200 lbs. CARE STAFF	35 lbs.	40 lbs.	60 lbs.

ESSENTIALLY...

CARE STAFF RISK INCURRING A WORK-RELATED INJURY

EACH TIME ASSISTANCE IS PROVIDED.



HOW MOBILITY CHAIRS...ELIMINATE TABLE INTERFERENCE



NO Mobility



SEAT: Swivels
Locks - 90°



SEAT: Swivels
Locks - 90°





CHAIR: Turns (360°)
Rolls
Brakes

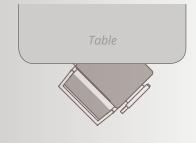


Table 90°



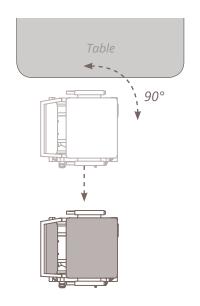


Table Interference:

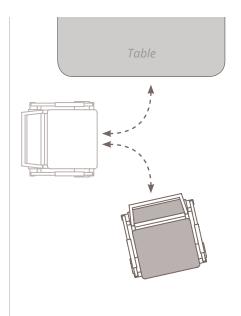


Table Interference:

LOW ()

Table Interference:



Swivel...Turn...Roll...





Therefore...

Chairs designed for care staff who provide mealtime assistance for seniors should include mobility features that enable chairs to **swivel**...**turn**...**roll**....and **brake** for safety!

These features eliminate the need for care staff to <u>push</u> / <u>pull</u> / <u>shove</u> / <u>twist</u> when providing mealtime assistance.

As a result...

- ✓ Care staff are at reduced risk of incurring a work place injury
- ✓ Care staff enjoy a healthier work environment when the physical demands associated with providing mealtime assistance is reduced
- ✓ Residents are at reduced risk of falling / tripping as they get seated at mealtimes
- ✓ Residents are more compliant and willing to follow care staff directives...creating a more enjoyable mealtime routine!